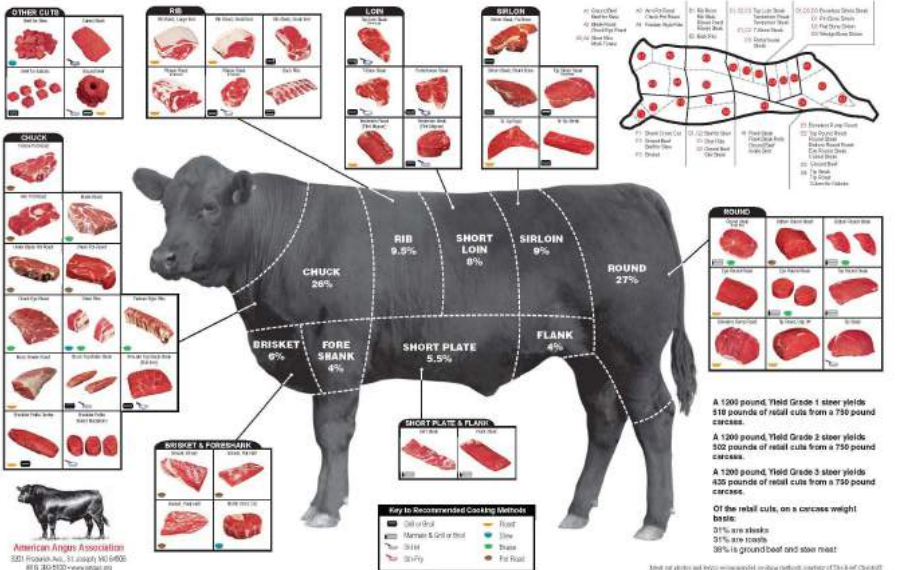
ANGUS BEEF CHART



A 1200 pound, Yield Grade 1 steer yields 510 pounds of retail cuts from a 750 pound carcass.

A 1200 pound, Yield Grade 2 steer yields 502 pounds of retail cuts from a 750 pound carcass.

A 1200 pound, Yield Grade 3 steer yields 435 pounds of retail cuts from a 750 pound carcass.

Of the retail cuts, on a carcass weight basis:

31% are steaks
31% are roasts
38% is ground beef and stew meat

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Meat cut photos and logos recommended cooking methods courtesy of Chris Kerr Chestnut